## Titan Adjustment Instructions: The Facts

### Adjusting the Bridge

1. **By Hand**: With right hand, adjust the angle of the pad using the thumb flat against the pad.

2. **With Pliers**: With right hand holding pliers and the left hand still holding bridge center adjust as normal.

3. For difficult bridges, turn the nose pads at a 90° angle out and then a 90° angle down. Turn the pad to match the angle of the patient's nose. This adjustment is especially helpful on flatter bridges.

### Adjusting Temples and Panoscopic Tilt

1. **By Hand**: With right hand, hold lens (close to end piece) with index finger and thumb over drill holes.

2. **TMA**: With right hand, hold temple (in open position) with index finger and thumb. Bend directly down to create more panoscopic tilt, bend up for less tilt.

2. **TNG**: With right hand, hold temple (in open position) with index finger and thumb directly on top of and below the ball hinge. Bend directly down to create more panoscopic tilt, bend up for less tilt.

**Memory** -- The unique properties of the Titan material make it **flexible and adjustable**. Its memory retains the shape determined by the dispenser.